

Buddhism In Prisons Canada

This course is free of charge

COURSE APPLICATION

Understanding and Transforming Anger with Mindfulness

Materials: 4 books to be studied with accompanying study guides.
Upon completion of each module, you will receive a certificate of completion.

Module 1: No Mud No Lotus (1st book) & Reconciliation (2nd book)
Module 2: How to Love (1st book); & Taming the Tiger Within (2nd book)

Your Return Address

AFFIX
STAMP

**Buddhism In Prisons Canada
P.O. Box 1048
Stratford PO Main ON N5A 6W4**

Application Form for "Understanding and Transforming Anger with Mindfulness" Course Enclosed

I am applying to enrol in the **Understanding and Transforming Anger with Mindfulness** course.
Please send me the first book of Module 1 with accompanying study guides.

Applicant's information

*(Personal information is for the sole purpose of the administration of the certificate course,
and will be kept in confidence)*

Last Name: _____ **First Name:** _____

Age: 18-23 ___ 24-30 ___ 31-40 ___ 41-50 ___ 51-60 ___ Above 60 ___

Gender: Male ___ Female ___ Prefer not to say ___

Name of Institution: _____

Name of Institution Chaplain (if any): _____

Institution Mailing Address: _____

Province: _____

Postal Code: _____

Do you have any challenges that may prevent you from doing this course?

Why do you want to take this course?

Tell us a little about yourself: _____

Tell us about your spiritual / religious journey: _____

Applicant's Signature: _____

Date: _____

<i>For Administrative use only</i>
Student's ID Number:
Study Partner's Name:
Start Date: